

# THE CC BASE

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**LOCAL  
COMMUNITY  
SUPPORT  
INITIATIVE**



**Supporting the local homeless community, helping to bring back dignity and fighting addictions.**



# The CC Base

**"JUST BEING ABLE TO HAVE A SHOWER AND SHAVE HELPS SO MUCH"**

Local homeless beneficiary of the CC Base

The CC Base was initiated to help support the local community here on the Costa Del Sol. Behind the glitz and the glamour lays a world that is foreign to the perception that Marbella has. Marginalisation, homelessness and addictions are on the rise and with little being taken to combat these issues, the CC Base was opened in May 2018 and we need your help to continue to offer this vital support to our community.





# Services that the **CC Base** offers...







# CLOTHING

## DISTRIBUTION POINT

The local homeless community who are served from the CC Base have time before they shower and eat to choose clothing from our clothing distribution point situated within the CC Base. Clothing is donated from locals and also from Antima Foundation who have supported this initiative with quality clothing, and our homeless friends are so appreciative of the support.



ANTIMA

Generations of Trust

# HOT MEALS

## NUTRITION AND DIGNITY

The beneficiaries of the CC Base receive a home cooked hot meal and have a rare opportunity to sit in peace whether that be in the dining room or in the garden. This nutritious meal is not only vital for the body, but being able to eat in this manner helps bring dignity back to our homeless friend's lives.







# HYGIENE

## FEELING FRESH AGAIN

Our homeless friends have expressed on so many occasions how important it is for them to have a shower and "freshen up" at the CC Base. Not only does this promote hygiene and combat diseases within the local community, it also restores self-esteem and confidence. This in turn has a domino effect throughout the community as a whole. Making a person feel human again is an empowering action, that births motivation and strength.

# CLOTHES WASHING

## REAL CHALLENGES

When you are without a job, home & family, the simplest thing that most of us take for granted becomes a struggle and a real challenge. Just a clean set of clothes can make such a difference.

At the CC Base we offer a clothes washing service. This service takes time and it's during this time we can make the biggest difference by fostering non judgmental conversation. We do this in hopes of helping our friends make gradual positive steps back in to society.





# SERVICES 4 LOVE

UNITY IS POWER

Through collaboration with local businesses across the Costa Del Sol, we bring "services 4 love " to the CC Base.

Pictured here is "Marbella Beauty Academy" who kindly donated their services to Nick and our homeless friends, with free haircuts all round.







# ART THERAPY

## COMBATING ADDICTIONS AND TRAUMA

Nick (pictured) is 27yrs old, has cerebral palsy and was also suffering from depression. Nick visits the CC Base weekly and has been receiving various forms of therapy from prayer to art therapy. We've seen such a transformation in Nick since his time here at the Base, and he values this time and therapies received here as an essential part of his recovery. Nick has just recently finished his first painting and is looking forward to starting his second.







## ART THERAPY & EXHIBITION

Through collaboration with Hogar Betania in La Linea, 50 homeless persons will be taken through an art therapy project here at the CC Base. Each person will produce one painting each, all materials are supplied by the base. Once each person has produced a painting, they shall be exhibited here on the coast and also in the US. Each painting will reveal something about each person creating an insightful exhibition of paintings. The project has been designed to bring healing from the physical aspect of painting and as well as a spiritual journey for them through the painting. The exhibition will bring awareness to the public of the effects of addictions and trauma, each person will add an explanation of their story, and finally the paintings will be sold with proceeds direct to the artists.